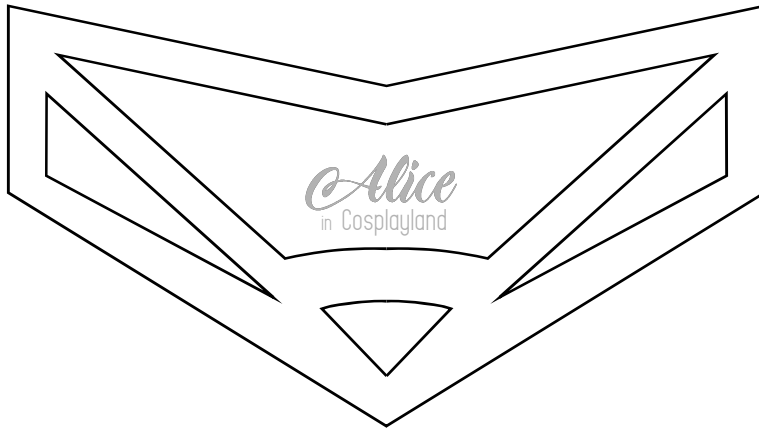


## NANA SHIMURA BELT PATTERN

[www.aliceincosplayland.com](http://www.aliceincosplayland.com)



### Materials:

5mm foam

2mm foam

### Instructions:

1. Trace the pattern on 2mm foam and cut it
2. Trace the outline on 5mm foam and cut it
3. Glue both pieces together with contact cement
4. Glue velcro or attach a safety pin to the back